

Build confidence.
Make real connections.

SOCIAL SKILLS & CONNECTION



SEPARATE CLASSES FOR MEN & WOMEN (21+)

For Autistic & Neurodivergent Adults (21+)



Want to talk to people more easily—but don't know what to say?



Tired of conversations feeling awkward or going nowhere?



A practical, structured Zoom group where you learn how conversations actually work—and how to handle them in real life.



WHAT YOU'LL LEARN

- ✓ How to start and keep conversations going
- ✓ Understand social cues
- ✓ What to say in common situations
- ✓ How to make and keep friends
- ✓ Practice real-life conversations
- ✓ Apply skills in real situations



HOW IT WORKS

- ✓ Clear explanations (step-by-step)
- ✓ Real examples and practical tools
- ✓ Optional practice (no pressure)
- ✓ Small group (not overwhelming)



THE GOAL

- ✓ Feel more comfortable talking to others
- ✓ Understand what's happening in conversations
- ✓ Build real friendships
- ✓ Handle social situations with more ease
- ✓ Feel more confident in everyday life

DETAILS



6-week program



Once a week



Location: Zoom



Separate classes for men & women (21+)



Cost: 300 NIS

Message now to join!

LIMITED SPOTS!



PRESENTED BY
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SCAN TO REGISTER



Scan to register

INVESTMENT

300 NIS FOR 6 WEEKS